

The Value of Mortgage Choice: Payment Structure and Contract Length

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*The views expressed herein are those of the authors and do not necessarily reflect those of the Bank of Canada.

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 1. Fixed-Rate Fixed-Payment (FF): interest rate risk borne by lenders.
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- This paper introduces third hybrid mortgage type to academic literature:
 3. Variable-Rate Fixed-Payment (VF): interest rate risk sharing.

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2. How do payment structure and contract length interact?
 - Contract length (term) typically less than total amortization period.
 - In most countries, multiple terms (contracts) over life of mortgage.
 - U.S. is global outlier with single long-term contract.

Methodology

To answer these questions, we build a **life-cycle model** of mortgage choice:

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- Rich modeling of mortgage contract structure to capture different institutional settings.

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Optimal **mortgage choice** depends on:

- Aggregate state variables: level of interest rates, term premia
- Individual agent's state variables: leverage, liquid wealth and income

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 - Refinancing option (on long-term contract) is priced ex-ante.
3. Monetary policy passthrough depends on **distribution of mortgages**.

Model

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- Lifecycle **households** make consumption choice, saving choice, and mortgage choice **in every period.**

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- **Financial Institution** supplies mortgage $\chi \in \{\text{FF}, \text{VF}, \text{VV}\}$ with interest rate:

$$R_{\chi,t} \equiv R_{\chi}(\{r_{n,t}\}_n, \phi_{\chi}),$$

where $\{r_{n,t}\}_n$ is bond yield curve and ϕ_{χ} is mortgage premium.

Model: Mortgage Types

Households select from menu of three mortgage types:

1. FF (\approx FRM): payments fixed to contract interest rate.
2. VV (\approx ARM): payments immediately change with market rate changes.

Mortgage Type		Interest Payment (R_I)	Total Payment (R_T)
FF	Fixed-Fixed	Contract Rate	Contract Rate
VV	Variable-Variable	Market Rate	Market Rate

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- At origination, payment = interest factor.
- When payment \neq interest factor:
 - **Within** term: principal absorbs the difference.
 - **Across** terms: payments reset to keep contractual amortization. Without reset, variable amortization period (as in Black (1998)).

Model: Mortgage Types

Summary of Mortgage Types and Interest Rates

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Conditional on calibration of mortgage adjustment costs:

- Households choose between **continuing in the same mortgage contract** or **refinancing into new contract**.
- When refinancing, menu of contracts available:
 - Refinance into **different mortgage type** with market rates.
 - Refinance into **same mortgage type** with market (i.e. **different**) rates.

Model: Homeowner with Mortgages

$$V^{Owner, Mortgage}(S_i, A) = \max \left\{ V^{Continue}(S_i, A), V^{Refinance}(S_i, A), V^{Owner, Rent}(S_i, A) \right\}$$

$S_i \equiv \{Age_{it}, W_{it}, Z_{it}, M_{it}, \chi_{i,t-1}, R_{i,t-1}^M\}$, and $A \equiv \{R_{1,t}, \omega_t\}$.

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Option: Continue in the Same Contract

$$V^{Continue}(S_i, A) = \begin{cases} V^M(\{R_i^M, R_i^M\}, S_i, A) - \gamma_t(\mathbf{FF}) & \text{if } \chi_i = \mathbf{FF}, \\ V^M(\{R_i^M, R_{VF}\}, S_i, A) - \gamma_t(\mathbf{VF}) & \text{if } \chi_i = \mathbf{VF}, \\ V^M(\{R_{VV}, R_{VV}\}, S_i, A) - \gamma_t(\mathbf{VV}) & \text{if } \chi_i = \mathbf{VV}. \end{cases}$$

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Option: Refinance into a New Contract

$$V^{Refinance}(S_i, A) = \max \left\{ \begin{aligned} &V^M(\{R_{FF}, R_{FF}\}, S_i, A) - \kappa_t(\mathbf{FF}|\chi_i) + \sigma_{\epsilon_{FF,i}}, \\ &V^M(\{R_{VF}, R_{VF}\}, S_i, A) - \kappa_t(\mathbf{VF}|\chi_i) + \sigma_{\epsilon_{VF,i}}, \\ &V^M(\{R_{VV}, R_{VV}\}, S_i, A) - \kappa_t(\mathbf{VV}|\chi_i) + \sigma_{\epsilon_{VV,i}}. \end{aligned} \right.$$

Calibration and Drivers of Mortgage Choice

Calibration: Canadian Mortgage Market

1. Mortgages have **5-year terms** and **25-year amortization**.

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2. Scheduled **renewals** at term and **no early refinancing** because of prepayment penalties.

$$\gamma_t(\chi) = \begin{cases} 0 & \text{if } t \in \tau_R \equiv \{6, 11, 16, 21\} \\ \infty & \text{if } t \in \tau_N \equiv \{1, 2, \dots, 25\} \setminus \tau_R \end{cases}, \quad \kappa_t(\chi|\chi_-) = \begin{cases} \infty & \text{if } t \in \tau_R \\ 0 & \text{if } t \in \tau_N \end{cases}.$$

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3. Mortgage rates priced from yield curve and type-specific mortgage premium:

$$R_{VV,t} = R_{1,t} + \phi_{VV}, \quad R_{VF,t} = R_{1,t} + \phi_{VF}, \quad R_{FF,t} = R_{5,t} + \phi_{FF}.$$

Calibration: Canadian Mortgage Market

1. Income process: Canadian Survey of Financial Security for mortgage holders. Guvenen et al. (2021) stochastic process Income process
2. Interest rate process: Canadian 1-year government bond yields (GOC-1) 1985-2023 interest rate data
3. Term-premia: GOC-5, 1980-2021 combined with the above agg. processes calibration
4. Mortgage premia: average premia for new originations by type of mortgage mortgage premia
5. Initial distribution of house sizes, loan-to-income, financial savings to match empirical counterparts
6. Preference parameters and EVT shocks: grid search to minimize distance between mortgage originations by type in the data and in the model model fit

Drivers of Mortgage Choice

1. **Aggregate Factors:** Interest rate and term premium
 - Shape of yield curve has important implications for mortgage spreads and mortgage choice.
 - FF vs. V^* (VV/VF) depends on term premium: FF when TP is low.
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 - FF vs. V^* (VV/VF) depends on term premium: FF when TP is low.
 - Consistent with large body of empirical evidence.
2. **Idiosyncratic Factors:** Cash-on-hand, leverage, and preferences.
 - Conditional on yield curve, households choose mortgages to trade off different forms of risk.

Mortgage Choice and Risk Management

- Mortgage contracts in our model feature two **types of risk**:
 1. **Payment Risk** (Liquidity): variation in mortgage payments.
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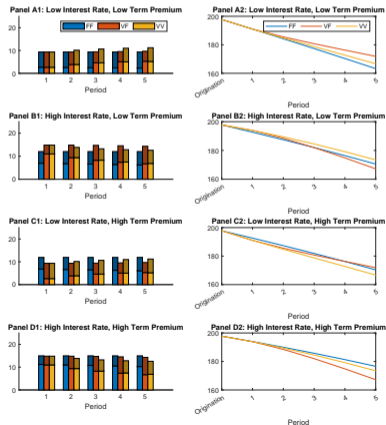
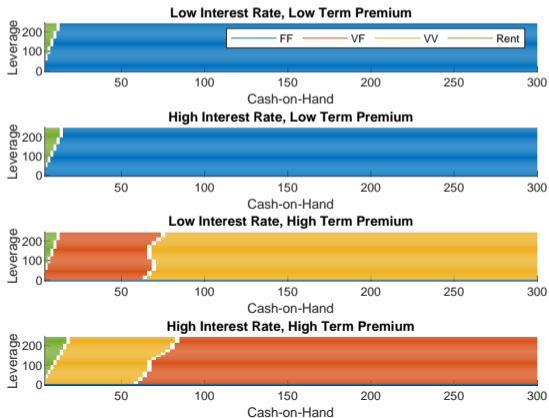
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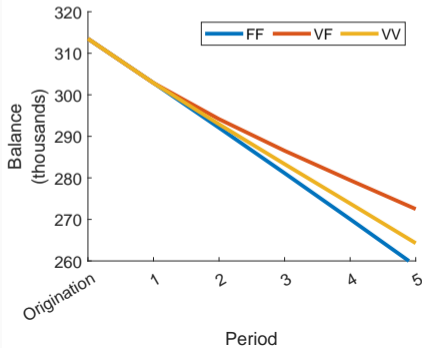
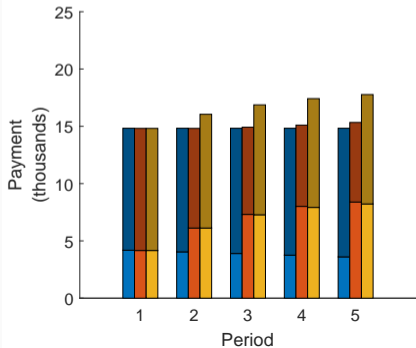
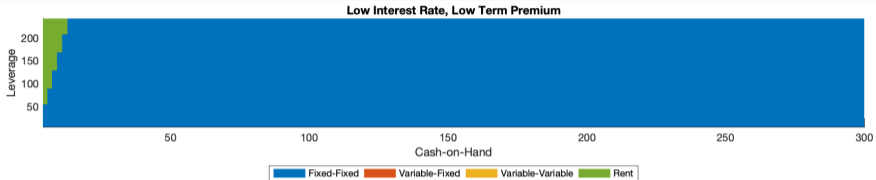
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Balance Risk	X	✓	X

Drivers of mortgage type choice

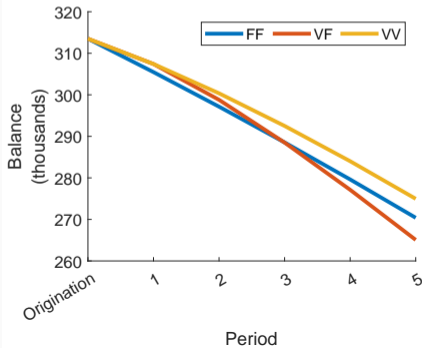
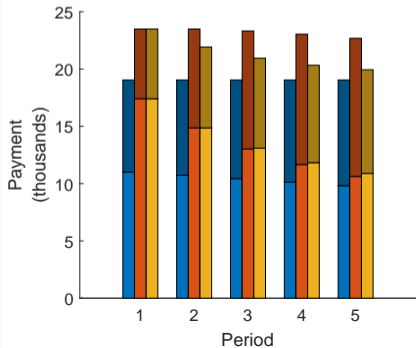
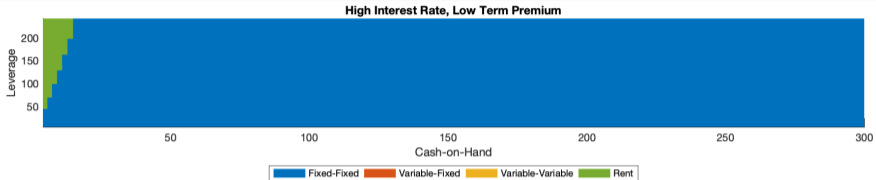
- Model provides **mortgage choice policy function** to help us understand behavior at the household level.



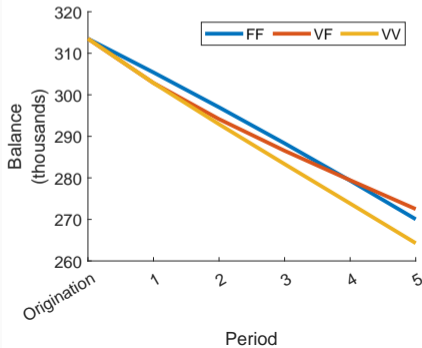
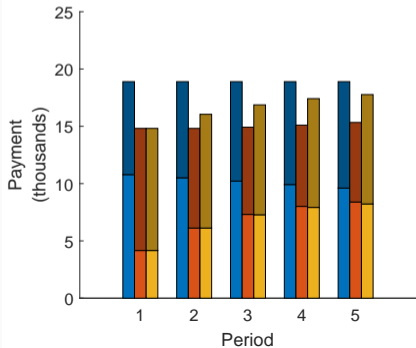
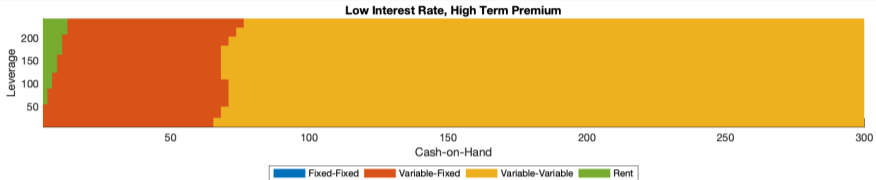
Mortgage Choice: Low term premium, low interest rates



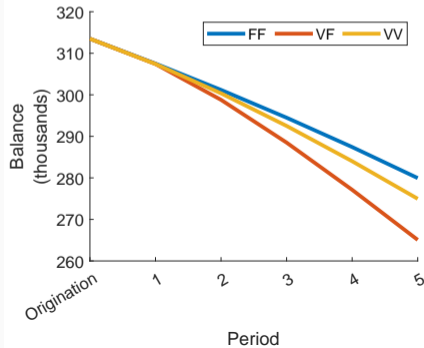
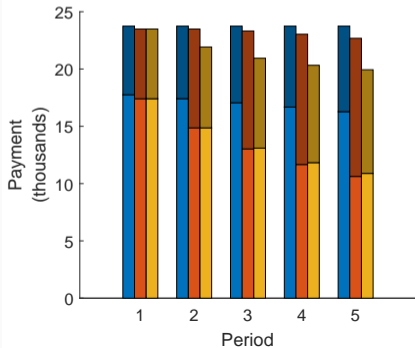
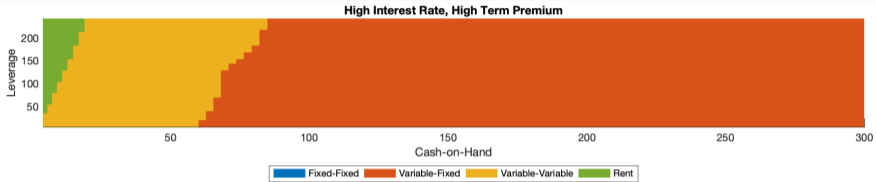
Mortgage Choice: Low term premium, high interest rates



Mortgage Choice: High term premium, low interest rates



Mortgage Choice: High term premium, high interest rates



Main Results

1. Quantifying the Value of Mortgage Choice

- Counterfactual economies with only one type of contract.
- Simulate OLG economies, calculate differences in lifetime CE.
- Lender reprices mortgage premia ϕ_χ for profit equivalence.

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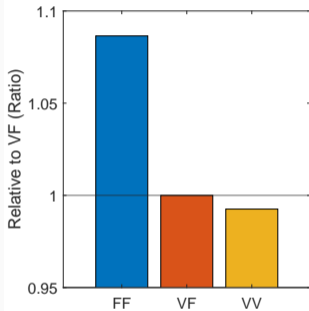
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High R, Low TP	-1.93%	-3.74%	-4.95%

1. Quantifying the Value of Mortgage Choice

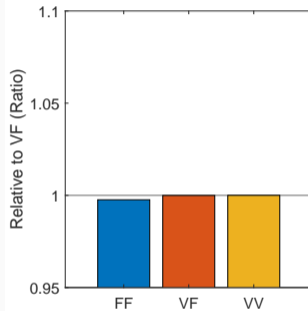
- Counterfactual economies with only one type of contract.
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High R, High TP	-6.11%	-0.26%	-1.51%
High R, Low TP	-1.93%	-3.74%	-4.95%
Low R, High TP	-3.43%	-0.50%	-1.23%
Low R, Low TP	-1.48%	-2.76%	-3.52%

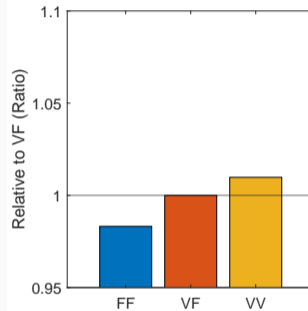
1. Quantifying the Value of Mortgage Choice: Costs vs. Benefits of VF Mortgage



(a) Total interest cost



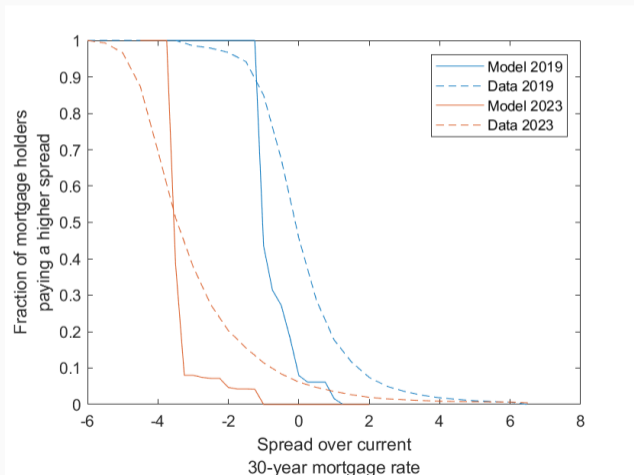
(b) Average Consumption (levels)



(c) Std. Consumption Growth

2. Analysis of Long-Term Contracts (U.S. System)

- Recalibrate refinancing costs to match U.S. (Chen et al., 2020).



2. Analysis of Long-Term Contracts (U.S. System)

- Counterfactual economies, calculate difference in lifetime CE, lender reprices for profit equivalence.
- Single-product economies, comparison to full menu of contracts in Canada.

Scenario	Δ Loan Premium	Welfare
1 FRM with Short-Term Contract	-0.07%	-3.18%

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Scenario	Δ Loan Premium	Welfare
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2 FRM with Long-Term Contract	0.00%	7.04%

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2 FRM with Long-Term Contract	0.00%	7.04%
3 FRM with Long-Term Contract	1.48%	-4.08%

- Large decrease in welfare due to large increase in loan premium.
- Lenders to price refinancing risk into rates ex-ante.

3. Monetary Policy Passthrough

- Simulate monetary policy shocks and study the change in consumption under four versions of the model: baseline and each one-type model.
- Measure impact using Jorda (2005) local projections:

$$s_t^r \equiv MP_t^{surprise} = r_t - E_{t-1}[r_t] \quad (1)$$

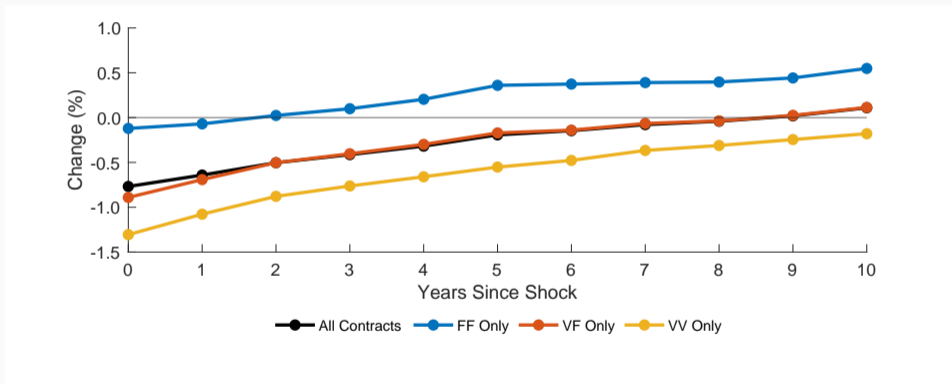
$$s_t^{tp} \equiv TP_t^{surprise} = \omega_t - E_{t-1}[\omega_t] \quad (2)$$

- Estimate impulse response function:

$$y_{t+h} = \alpha_h + \beta_h s_t + v_{t+h}; \quad h = 0, 1, 2, \dots, H \quad (3)$$

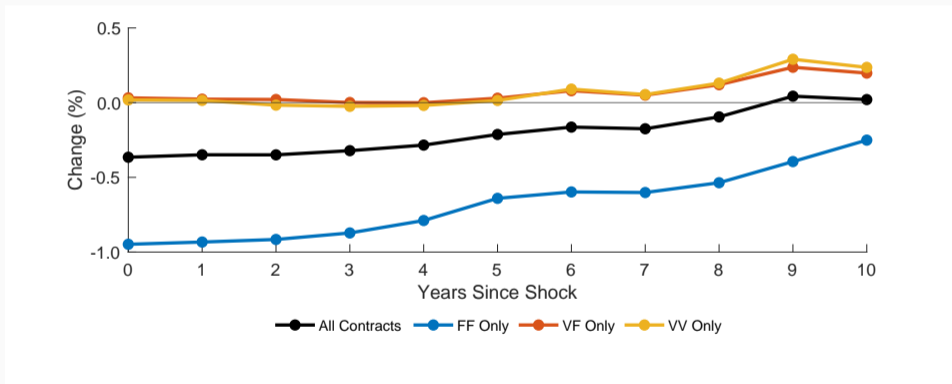
3. Monetary Policy Passthrough

Figure: Consumption Response to Conventional MP Shock (1-Year Bond)



3. Monetary Policy Passthrough

Figure: Consumption Response to Unconventional MP Shock (Term Premium)



Conclusion

- Introduce Variable-Fixed mortgage to the academic literature and revisit key questions in mortgage choice.
- We build a general model of mortgage choice that can replicate key institutional features in Canada, the US, and elsewhere.
- Model allows us to think about drivers of mortgage choice at both the aggregate level and household level.
- We use the model to study welfare benefits of multiple contracts, different institutional settings, and the impact of monetary policy.

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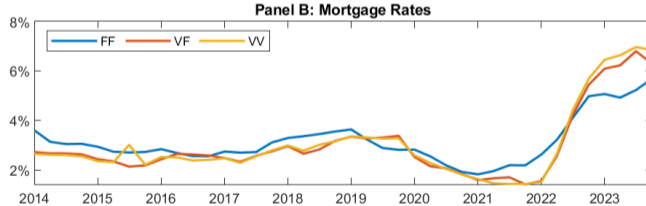
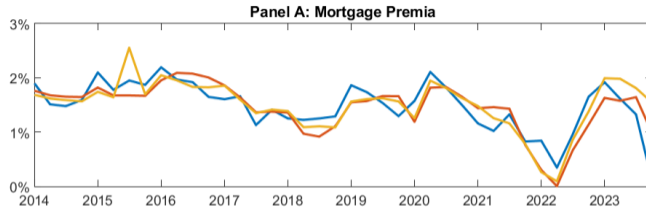
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May 20, 2026

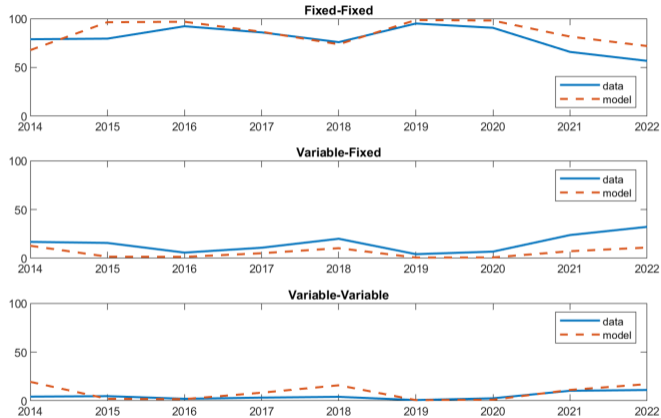
¹University of Toronto ²Fuqua School of Business (Duke University) ³Bank of Canada

*The views expressed herein are those of the authors and do not necessarily reflect those of the Bank of Canada.

Mortgage premia



Model fit



- $\sigma = 0.01, \beta = 0.95, \gamma = 10, \psi = 0.75$

Aggregate Processes: Interest rate and term-premia

(a) One-Period Bond

Parameter	Value
\bar{r}	0.0298
ρ_r	0.8965
σ_r	0.0121

(b) Term Premium

Parameter	Value
$\bar{\omega}$	0.0042
ρ_ω	0.741
σ_ω	0.0052

(c) Mortgage Terms and Premia

Parameter	Value
N_M	5
ϕ_{FF}	0.015
ϕ_{VF}	0.015
ϕ_{VV}	0.015

Income process

$$Y_t^i = (1 - \nu_t^i) \exp(g(t) + \alpha^i + z_t^i + \epsilon_t^i)$$

$$z_t^i = \rho z_{t-1}^i + \eta_t^i$$

$$\eta_t^i \sim \begin{cases} \mathcal{N}(\mu_{\eta,1}, \sigma_{\eta,1}) & \text{with prob. } p_z, \\ \mathcal{N}(\mu_{\eta,2}, \sigma_{\eta,2}) & \text{with prob. } 1 - p_z \end{cases}$$

$$\epsilon_t^i \sim \begin{cases} \mathcal{N}(\mu_{\epsilon,1}, \sigma_{\epsilon,1}) & \text{with prob. } p_\epsilon, \\ \mathcal{N}(\mu_{\epsilon,2}, \sigma_{\epsilon,2}) & \text{with prob. } 1 - p_\epsilon \end{cases}$$

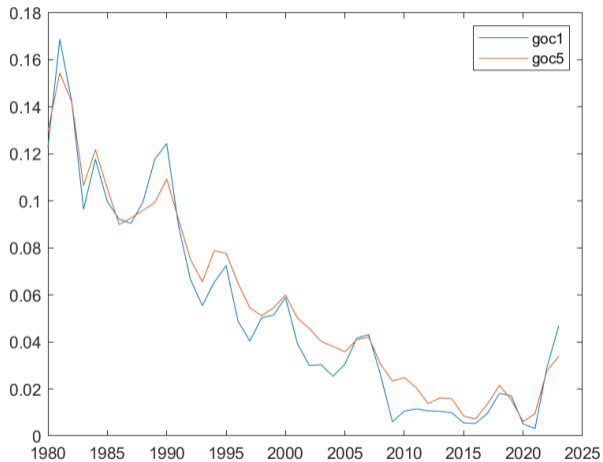
$$1 - \nu_t^i = \begin{cases} 1 & \text{with prob. } 1 - p_\nu(t, z_t^i), \\ \lambda & \text{with prob. } p_\nu(t, z_t^i) \end{cases}$$

$$p_\nu^i(t, z_t) = \frac{\exp(a_\nu + b_\nu t + c_\nu z_t^i + d_\nu z_t^i t)}{1 + \exp(a_\nu + b_\nu t + c_\nu z_t^i + d_\nu z_t^i t)}.$$

Table 1: Income Process Parameters

(a) Deterministic Type & Life-cycle Components		(b) Unemployment Shock	
Parameter	Value	Parameter	Value
α_i	0.99	λ	0.52
a_0	-2.0317	a_ν	-2.495
a_1	0.3194	b_ν	-1.037
a_2	-0.0577/10	c_ν	-5.051
a_3	-0.0033/100	d_ν	-1.087
ω	0.94		
(c) Persistent Process		(d) Transitory Shock	
Parameter	Value	Parameter	Value
ρ	0.991	p_ϵ	0.044
p_z	0.176	$\mu_{\epsilon,1}$	0.134
$\mu_{\eta,1}$	-0.524	$\sigma_{\epsilon,1}$	0.762
$\sigma_{\eta,1}$	0.113	$\sigma_{\epsilon,2}$	0.055
$\sigma_{\eta,2}$	0.046		
κ_η	0.470		

GOC-1, GOC-5



House prices

Two possibilities:

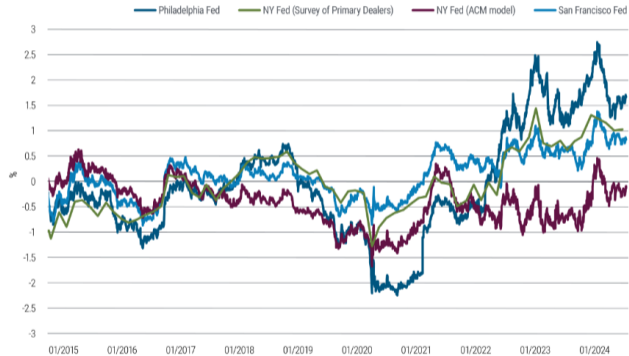
- $\Delta p_{it}^H = \mu_H + \zeta_{it}$, depends on whether we can scale the model. Likely yes.
- Only 2 point state variable required:

$$P_{ti} = \begin{cases} P_{oi}(1 + \mu_H)^{t-1} & \text{for } S_t = 0 \\ P_{oi}(1 + \mu_H)^{t-1}(1 - \delta) & \text{for } S_t = 1 \end{cases}$$

$$\text{Expected present value}_{t'} = -D_{t'} + E_{t'} \sum_{j=t'+1}^{t'+M} \frac{CF_j}{\prod_{k=t'+1}^j (1 + R_{1,k-1})},$$

Term-premium

Figure 1: Four term premium estimates



Source: Regional Federal Reserve banks, Bloomberg, and PIMCO calculations as of 12 April 2024.

Drivers of mortgage type choice (I)

	High interest rates		Low interest rates	
	High TP	Low TP	High TP	Low TP
Income	130.098	130.230	130.238	130.198
Income growth	0.014	0.014	0.014	0.014
Av. consumption growth	0.051	0.051	0.040	0.038
Std. consumption growth	0.255	0.245	0.212	0.210
Savings	179.597	179.215	165.283	163.780
Mtg. type proportion:				
Fixed-fixed	0.136	0.408	0.150	0.422
Variable-fixed	0.467	0.317	0.390	0.264
Variable-variable	0.397	0.275	0.460	0.314

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Drivers of mortgage type choice (II)

	FF	VF	VV
Av. income	122.570	132.470	133.850
Av. savings	158.340	175.740	179.010
Av. leverage	150.390	134.620	135.100
Debt-to-income	1.750	1.465	1.425
Std. total mortg. pay	0.197	0.209	0.209
Std. total interest pay	0.023	0.028	0.028
Risk-free rate	0.029	0.033	0.028
Term-premia	0.000	0.006	0.006

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Sensitivity to preference parameters

	Panel A			Panel B			Panel C		
	$\beta = 0.93$	$\beta = 0.95$	$\beta = 0.97$	$\gamma = 5$	$\gamma = 10$	$\gamma = 15$	$\psi = 0.6$	$\psi = 0.75$	$\psi = 0.9$
Av. cons growth	0.044	0.045	0.048	0.033	0.045	0.067	0.045	0.045	0.044
Std. cons growth	0.231	0.232	0.238	0.243	0.232	0.296	0.227	0.232	0.243
Savings	163.053	172.087	183.206	129.284	172.087	194.079	183.53	172.09	164.35
Mtg. type proportion:									
Fixed-fixed	0.295	0.278	0.255	0.288	0.278	0.268	0.292	0.278	0.282
Variable-fixed	0.359	0.36	0.365	0.344	0.36	0.387	0.359	0.36	0.347
Variable-variable	0.346	0.361	0.38	0.367	0.361	0.345	0.349	0.361	0.371

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Counterfactual worlds * - welfare

		High Rf		Low Rf	
	Unconditional	High TP	Low TP	High TP	Low TP
FF only	-0.0248	-0.0391	-0.0171	-0.0288	-0.0143
VF only	-0.0139	-0.0076	-0.0219	-0.0078	-0.0181
VV only	-0.0146	-0.0097	-0.0239	-0.0073	-0.0176

Counterfactual worlds * - Income, Wealth and Leverage

Age	Inc	Consumption				Financial wealth				Leverage			
		All	FF	VF	VV	All	FF	VF	VV	All	FF	VF	VV
26 - 30	100.9	45.5	44.7	45.0	45.0	185.4	185.4	186.7	187.1	218.7	219.5	218.8	218.8
31 - 35	119.4	72.9	71.9	72.8	72.7	262.3	263.3	264.0	264.6	186.7	189.4	187.6	187.5
36 - 40	134.7	90.6	89.8	90.7	90.6	293.8	295.4	294.6	295.7	148.0	151.8	149.3	149.1
41 - 45	145.4	99.2	98.6	99.0	99.1	305.1	306.2	304.5	306.3	100.5	104.2	101.7	101.6
46 - 50	150.4	105.8	105.3	105.6	105.7	306.1	306.6	305.9	306.4	41.6	43.4	42.1	42.1
51 - 55	149.0	114.0	113.8	113.8	114.0	304.3	304.2	304.0	304.4	0.0	0.0	0.0	0.0
56 - 60	141.8	111.9	111.8	111.9	111.9	310.0	310.1	310.0	310.0	0.0	0.0	0.0	0.0
61 - 65	129.3	101.6	101.6	101.6	101.6	320.4	320.6	320.4	320.4	0.0	0.0	0.0	0.0

Counterfactual worlds * - Mean and volatility of consumption and mortgage payments

	All	FF only	VF only	VV only
Av. consumption growth	0.045	0.046	0.047	0.048
Std. consumption growth	0.232	0.225	0.238	0.228
Av. interest payments	6.436	7.251	6.692	6.629
Std. interest payments	5.316	5.259	5.647	5.549
Av. total payments	15.649	16.459	15.909	15.836
Std. total payments	4.157	3.902	4.583	4.220